



Football Training Camps – Portugal

Vilamoura - Algarve



Train like a pro



In cooperation with one of Portugal's leading Destination Management Companies we are proud to offer world class training camps in Vilamoura – Algarve.

The region offers a Mediterranean climate and the scent of the sea.

Here you'll find some of Europe's most beautiful beaches, from where you can admire the rocky coastline and the playful shadows they cast on the sand.

Only a step away from the tranquil peace is the excitement of the Algarve nightlife. Bars, discos, casinos etc.

Vilamoura is one of the most exclusive resorts in Europe. It is 20 minutes away from Faro International Airport, 5 minutes from the famous Vilamoura marina and the beautiful Falesia beach and it is surrounded by six top quality golf courses.

Established in 1986 as a tennis club, the training camp we offer was completely renovated in 2000 as part of a two phase project to create an exclusive sports training facility in Southern Europe.

Teams of all types, from amateur to professional levels, are welcome to stay here. A list of a few professional clubs and national teams that have used the facilities are:

S.L. Benfica
Sporting de Braga
Middlesbrough
Fulham
Portugal
Russia
Sweden
Holland
Japan

Below is a list of what we can offer for a training camp in Vilamoura:

- **Villa accommodation** with single or double rooms
- **Full board** with buffets
- **FIFA full size grass pitch** (2 x 90 minute exclusive sessions per day)
- **Gym**



- **Changing room** with massage tables
- **Private team restaurant** with team meeting facilities
- **20 Kg ice** per day for the team
- **Mineral water** during training sessions
- **Floodlit tennis courts** and a netball court
- **Spa** with indoor heated pool, jacuzzi, Turkish bath, sauna
- **Two fitness studios**
- **Outdoor pool**
- **Five free Wi-Fi internet**
- **Dedicated team liaison**
- **Laundry**, Sport kit (once/day)
- **Training equipment:** portable goals, cones, markers, hurdles, speed ladder, medicine balls, marker discs and poles

Optional extras available

Private team lounge

5-a-side football pitch

Friendly games

Treatment room

Transfers

Tours

Local activities (Golf, go-karting, paintball, boat and fishing trips..)

Restaurant bookings

Night club bookings



Sample itinerary

Day 1 Arrival to Faro International Airport - Met by local rep – transfer to the training camp centre - Settle in to the rooms - Welcome dinner.

Day 2 Breakfast at hotel - Training session – Lunch – Training session - Dinner

Day 3 Breakfast at hotel – Tactic session - Match against a local team – Excursion - Dinner

Day 4: Breakfast – Light training session – Lunch – Departure

Shorter (= lower cost) itineraries available on request

Attend a local sporting or concert event

Combine your training camp with watching some local football. Portimonense and Olhanense are the top clubs in the Algarve region.

See all fixtures in Portugal's top division please go to <http://www.nickes.com/SV/2.0/Search.aspx?sectionID=1&locationID=67&teamID=1039>

We will arrange tickets and transport to / from the stadium.

Flights

20 minutes away from Faro International Airport.

Faro has connections with most major UK airports.

Low budget flights are available from the Stansted, Gatwick, Liverpool, Bristol, Newcastle Glasgow and Belfast airport.

Nickes.Com will be happy to assist your team with the flight booking, or you can make your own flight arrangements.

You can find the best flight deals from your nearest airport see <http://www.nickes.com/EN/2.0/KayakWidget.aspx>

Prices

Prices from: £495 (per person)



Flights not included in price.

To Book

Send in your booking request via
http://www.nickes.com/en/2.0/order_group.aspx

We will call you within 24 hours (sometimes longer over the weekend) to discuss your request. After that we will contact our local agent at the destination and together with them create a tailor made package for you. Your team will receive the quote within 1 – 3 working days.

Or send an email to uksales@nickes.com for further information about our training camps.

Please Note:

The quotation is complete free of charge.

Everything offered above is subject to change and availability until you receive the quote from us.

