



# ARGENTINA SOCCER TOUR



**IN THE LAND OF MARADONA,  
MESSI, AND MANY MORE  
GALACTIC PLAYERS**



# BE A PROFESSIONAL SOCCER PLAYER FOR SEVEN DAYS



# Program

ARGENTINA SOCCER TOUR gives you the opportunity to be a professional player for seven days.

Argentina Soccer Tour is a unique and exciting company with a reputation for providing fun international soccer trips and customized training programs of exceptional quality.

Alejandro Kohan, physical trainer of Daniel Passarella y Matias Almeyda, will be in charge of the most sophisticated types of training.

The program includes visits to stadiums of River Plate (The Monumental) and Boca Juniors (La Bombonera) and museums of this clubs.

Enjoy the best experience of your life with Argentina Soccer Tour.



INTERNATIONAL  
Training program



# Program

Our program is for soccer teams or individual players.



## Individual training

It's prepared for players who want to come to practice and achieve the ability to keep playing in a professional club in Argentina.

## Soccer teams

Enjoy the passion of Argentine soccer playing against professional clubs such as River Plate, Boca Juniors, San Lorenzo, Velez.



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# OBJECTIVES



- Improve training and individual technique.
- Improve team tactics.
- Individual and group assessments.
- Pre - Seasons
- Learn about nutrition in a professional team.



- Included in your soccer tour are team matches against youth professional Argentinean teams and daily sessions with professional soccer coaches from clubs such as Boca Juniors, San Lorenzo, and River Plate.



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# The program includes

- An AST Director to set up all of the tour arrangements
- Meet you at the destination airport and oversee the trip 24 hours a day .
- Quality hosting in our complex, Buenos Aires Football
- All meals included
- All scheduled transportation within the destination country
- Ticket to the best professional Match during that week.
- Group and Individual video follow-up and analyses throughout the tour.
- All scheduled sightseeing excursions
- Safety and security assessments on all travel plans.
- Customized Professional Training Sessions conducted by first class Argentinean coaches.
- Top quality training facilities
- Friendly games against youth professional teams, River Plate, Boca Juniors, San Lorenzo.
- Boca Juniors "Bombonera" stadium, museum and training facilities guided visit.
- River Plate "Monumental" stadium, museum and training facilities guided visit.
- Observation of a professional soccer practice at elite team facility.
- Close links with top Argentinean soccer clubs.
- keep updated on your AST Team Tour
- Guided visit of the city of Buenos Aires.
- The opportunity to watch the Boca Juniors first team train (Subject to head coach decision)



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# Daily Schedule

- Día 1: Arrive to Buenos Aires (Argentina). Transfers to accommodations. Welcome Presentation. First training sessions.
- Día 2: Anthropometry, flexibility test, Cardiology, ARGENTINA SOCCER TOUR training program. Morning and afternoon sessions.
- Día 3: ARGENTINA SOCCER TOUR training program, morning session. River Plate stadium, museum and training facilities guided visit. First friendly match.
- Día 4: ARGENTINA SOCCER TOUR training program . Morning and afternoon sessions.
- Día 5: Boca Juniors "Bombonera" stadium, museum and training facilities guided visit. Watch the Boca Juniors first team train. Second friendly match.
- Día 6: ARGENTINA SOCCER TOUR training program, morning session.. Attend to a professional River Plate match.
- Día 7 : ARGENTINA SOCCER TOUR training program, morning session. Third friendly match. Argentinean barbecue for the team.
- Día 8: Closing. Delivery of a DVD with all the tour and transfer to the international airport of Argentina.



# Argentina Soccer Tour Complex.



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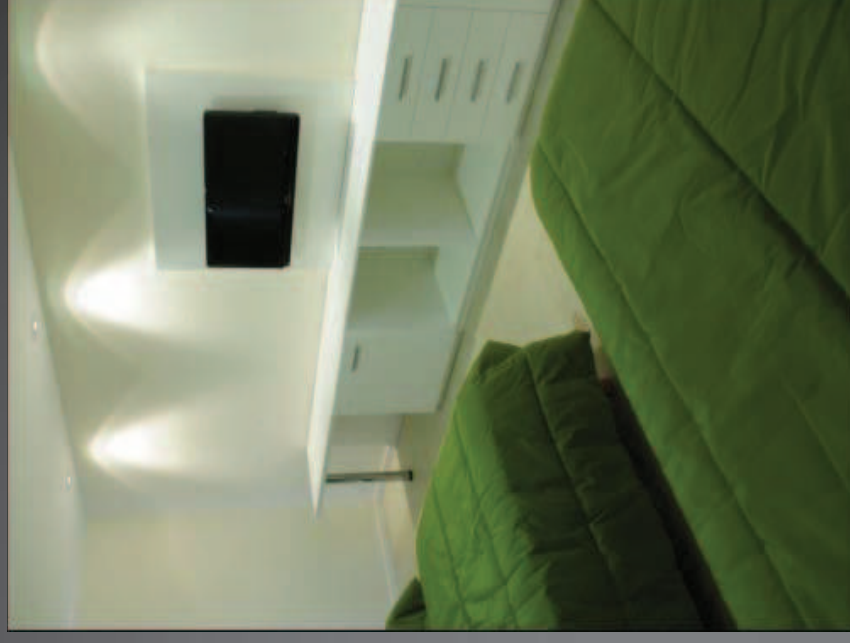


**Argentina Soccer Tour** complex is owned by **Matías Almeyda**, one of Argentina's best defensive midfielders, who represented Argentina in two FIFA World Cups (1998, 2002) and in last season Coach River Plate first team.



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The six million dollar soccer complex features state-of-the-art soccer training facilities combined with five -star amenities, world-class cuisine, luxurious accommodations, gym, 7 professional soccer fields. Security 24 hs.



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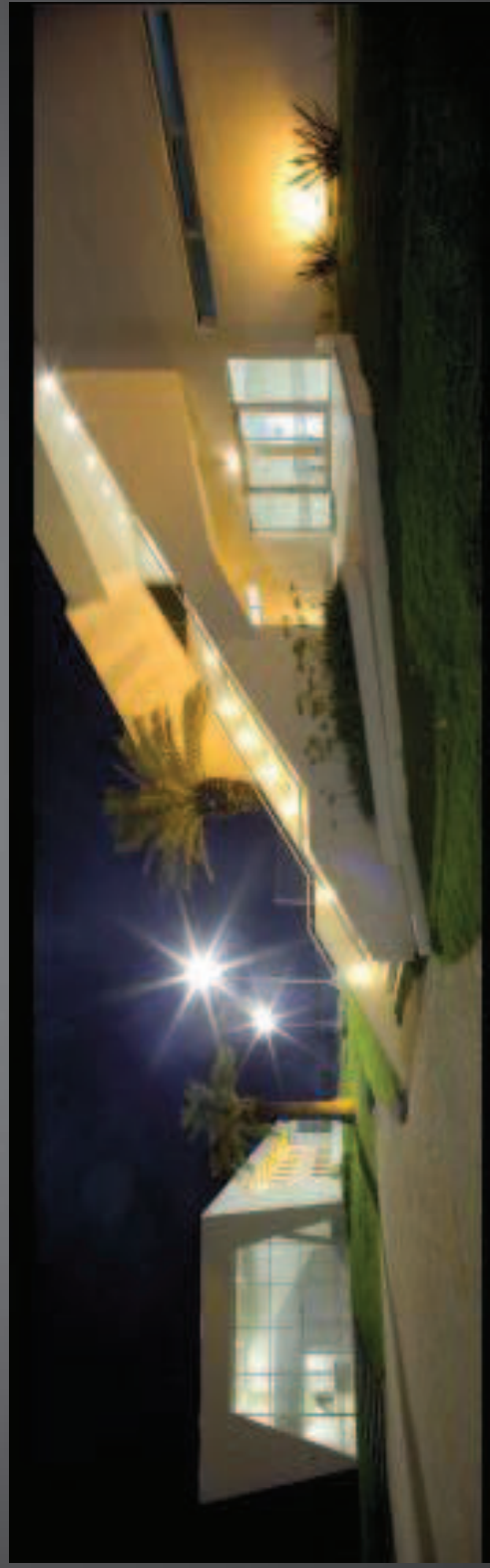




Welcome to the newest sports complex and developed throughout South America. The site features the latest technology and everything a world class player may need. In the last Copa America 2011 held in Argentina, stayed at our soccer complex the national teams of Bolivia and Mexico at the same time.



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# INTERNATIONAL

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## Training program







Menus diagrammed especially to ensure good nutrition for team sports.



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Our bedrooms.



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River Plate first team training in our complex



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The **River Plate** Team and Trainers at our complex